

The Foundation for Community Care has been funding healthcare in Richland County for over 32 years. In 2017, nearly \$275,000 in healthcare purchases were made possible with interest earnings from the Endowment Fund. One of the grants was in the amount of \$56,000 to Sidney Health Center's Radiology Department for Computed Tomography (CT) Fluoroscopy equipment.

CT Fluoroscopy is actually an add-on piece of equipment to Sidney Health Center's Toshiba 160-Slice CT Scanner. The equipment provides real time imaging for pain management localization and biopsy procedures, ensuring patient safety while reducing exposure to radiation. With CT Fluoroscopy, patients absorb 94% less radiation dosage per procedure and procedures are typically 32% quicker than conventional CT guidance procedures.

CT Fluoroscopy is primarily used for patients who receive image-guided injections. Steroid spinal injections have been widely used in the management of back pain for several years with the use of conventional CT equipment. For a spinal injection, patients lay on their stomach and the CT Fluoroscopy, which is a type of low-dose x-ray, assists Sidney Health Center's Radiologist, Dr. Leszek Jaszczak, in precisely locating the injection site to administer the medication to the appropriate spot. Dr. Jaszczak watches a monitor in "live time" as he completes the steroid injection.

"I am very happy to be a part of a department that provides state-of-the-art and comprehensive diagnostic and interventional radiology services," stated Dr. Jaszczak, "We strive to provide up-to-date techniques with the latest technology to our patients."

The benefits of offering image-guided spinal injections is three-fold. Steroid spinal injections often relieve pain and increase quality of life for patients. Secondly, it allows radiologists to zero-in on the source and/or cause of the pain.

Finally, these procedures can help delay or avoid surgery. More importantly, the service is offered locally to residents living in the MonDak region.

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"The ultimate benefit of providing this service in Richland County is that it keeps our patients in the community, close to their primary care providers," exclaimed Linda Labatte, Sidney Health Center's Imaging Director. "People don't have to travel long distances to have their pain managed. We are providing safe, quality care with the best technology."

Dr. Jaszczak, who is American Board Certified in Radiology, joined Sidney Health Center's medical staff full-time in 2015 as a diagnostic radiologist and currently serves as the Chief of Medical Staff. He has more than 20 years of experience in radiology and continues to keep abreast in the latest imaging services including mammographic, magnetic resonance, computed tomography and now offering PET/CT.

In addition to diagnostic radiology, Dr. Jaszczak specializes in interventional radiology pain management, ultrasound biopsies, MRI arthrograms, CT guided biopsies and tomo breast localizations.

OUR MISSION

The mission of the Foundation for Community Care is to help ensure the continuance and quality of local healthcare services.

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Contact Information

Phone: 406-488-2273 Fax: 406-488-2279 gheckey@foundationforcommunitycare.org www.foundationforcommunitycare.org

221 2nd St. NW • Sidney, MT 59270

Social Media







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New Additions to the Foundation Family



Dr. Jared Burd

Originally a Pennsylvania native, Dr. Jared Burd relocated to Sidney in 2015, and began practicing optometry at Sidney Eye Care Center. He has a long track record of service to non-profits, including Relay for Life and the Special Olympics. He is excited to be practicing medicine in Sidney, and to help serve the community as a member of the Foundation for Community Care Board of Directors.

Sidney native and current Sidney High School teacher Carl Dynneson has enjoyed serving his community nearly his whole life. Healthcare and community service have been important parts of his life since childhood, with both of this parents serving in predominant health and well-being related roles. Carl looks forward to devoting his energy, knowledge and passion to help drive the mission and goals of the Foundation for Community Care through his new role as Board Member.



Carl Dynneson



Michael McCollum

Originally from Minnesota, Michael McCollum joined Fulkerson's Funeral Home in Sidney in 1976. He has been involved in many organizations over the years, from the Sidney Chamber of Commerce to the Sidney Volunteer Fire Department. He served as an active Foundation for Community Care Board member from 2006-2012, and looks forward to providing guidance and expertise to the current Board as a non-voting Emeritus Board member.

Born and raised in Sidney, Andrew Christensen attended Concordia College in Moorhead, MN, and graduated in 2016 with a dual Bachelor's degree in Political Science and Environmental Studies. After graduation he spent time traveling the world, before returning to Sidney to serve his community as an Americorps member placed with the Foundation for Community Care. He will begin graduate studies in North Carolina in fall 2018, pursing an education in Public Administration and Non-Profit Management.



Andrew Christensen

upcoming **EVENTS**

March:

1st - Healthcare Grant & Scholarship Award Window Opens 30th - National Doctors' Day

April:

28th - Healthcare Grant & Scholarship Application Window Closes at 4 pm

May:

21st - Healthcare Grant & Scholarship Awards are announced All Month - Memorial Day Mailing Campaign

Visit our Facebook page or website for more information about upcoming events: www.foundationforcommunitycare.org

A WAY TO SIMPLY SAY THANK YOU



They Chose Us.

Physicians have made a choice. A choice to dedicate their lives to the care of others. They chose to care for us.

National Doctors' Day, which is celebrated nationally on March 30, provides us with an excellent opportunity to reach out and thank our area physicians for that choice. We have a day to show gratitude for their many contributions to ensuring top notch healthcare in this region.

The Foundation for Community Care, along with a variety of departments at Sidney Health Center, have the great privilege of collaborating with a number of specialists, hospitalists, and primary care physicians throughout the year. We are also fortunate to work with a number to traveling doctors who cover shifts to ensure exceptional care year round.

"Thank you for the many years of your medical work for us, and thank you for supporting my family in health and illness. I can't even count the many times you have given us happiness for being part of our family."- Grateful Patient

National Doctors' Day celebration provides us with an opportunity to recognize the hard work and dedication that physicians demonstrate in our hospital and in the community each day. In honor of Doctors' Day, I invite you to take a moment to thank a physician by making a donation in their honor, and we will send them a thank you note on your behalf. You can also simply share your words of gratitude on the form below, and we will be sure to pass those along as well.

Thank you for helping to show our physicians how thankful we are.

They take care of us 24/7	Enclosed is my gift of \$ Please Thank Dr.: Name:
	Address: ST: Zip: Phone:
THANK YOUR DOCTOR National Doctors' Day	Email:
Please use this space to write to the doctor	who has inspired your thankful words.



Since 2013, the Foundation for Community Care has managed the Cancer Coalition Relief Fund and granted over 180 fund applications, totaling \$138,750 in financial assistance to local cancer patients. Two of those recipients are a local married couple, Matt and Karolyn Schultz, who were both diagnosed with two different types of cancer in the fall of 2016.

Matt was diagnosed with skin cancer and had cancerous lesions removed from his face through a surgical procedure performed by Dr. Kelly O'Neal, General Surgeon. Shortly after Matt's episode, Karolyn started experiencing abdominal pain, tiredness and bruising. At first, she was reluctant to seek medical treatment, attributing the side effects to working two jobs and not getting enough rest.

Matt was insistent that Karolyn see a doctor and ended up taking her to the ER with extreme side pain on November 18, 2016. Dr. Dawn McCartney was the presiding physician and ordered multiple tests including blood work and a CT scan. Shortly after the results of the tests came back, Dr. McCartney delivered the unfortunate news that Karolyn had some form of lymphoma and would need to be transferred to Billings Clinic for further treatment.

Upon receiving the shocking news, Karolyn requested that her daughter, Claire Mayer, be notified before making any quick decisions. Claire, who is a social worker and per diem employee of Sidney Health Center, has experience working as the Cancer Care Navigator and a working relationship with the Billings Clinic Medical Oncologist, Dr. Jesus Fabregas. After visiting with Dr. Fabregas, it was determined that Claire could drive her parents to Billings and have Karolyn admitted to the hospital upon arrival.

Karolyn underwent further testing at Billings Clinic and received her first chemotherapy treatment six days later on Thanksgiving Day in Billings. Following her initial chemotherapy treatment, Karolyn transitioned back to Sidney, where she received outpatient chemotherapy at Sidney Health Center's Cancer Care. During her treatment plan, Karolyn was in and out of the hospital four times due to a high fever and received a number of blood transfusions, making it impossible to continue working her full-time job in Sidney.

Although her employer kept her position until she was well enough to return, Matt and Karolyn experienced a significant loss of income during that time. The stress of managing their finances while undergoing cancer treatment created a ripple effect, like so many other families experience during challenging times. Thanks to funds donated through the Cancer Coalition Relief Fund, the couple was able to keep their heads above water financially.

"I was in 'awe' by the support and generosity of strangers," stated Karolyn, who is relatively new to the community. "Organizations, like the Richland Rangers Hockey Girls, the Richland County Sewing Guild and the Foundation for Community Care, all contributed gifts to assist in our time of need. Fortunately, Matt and I had a good outcome. We are extremely grateful to the community and feel compelled to pay it forward."

In discussing her treatment, Karolyn commented that her daughter, Claire, attended every chemotherapy session. "Claire brought a sense of calm throughout my treatment. She handled everything so professionally and added a level of communication that made me feel at ease," added Karolyn. "I had the privilege of experiencing firsthand the quality of care that our Cancer Care team provides and am proud of Claire and the work she does."

Since starting her own family, Claire transitioned to working per diem in May 2016 and occasionally fills in for the Cancer Care Navigator or Social Services. "Being a family member of a cancer patient has given me a much different perspective of the services offered through the Cancer Care department. I have a much bigger view of the role that everyone plays in their jobs and appreciate their willingness to go above and beyond for our patients," noted Claire.

Karolyn is happy to report that she is cancer-free. She continues to have follow-up appointments to monitor the status of her lymphoma.



Karolyn with two of her daughters, Claire Mayer and Annie Schultz.

In fact, Karolyn was able to take advantage of the mobile PET/CT imaging service that is now offered two days a month at Sidney Health Center, saving her an additional trip to Billings. "It is so convenient to have this service in town. I am able to go in for my scan and return to work shortly after," stated Karolyn.

To assist area cancer patients, like Matt and Karolyn, the Foundation's Cancer Coalition Relief Fund currently grants \$1,000 to qualified applicants, limited to once a year per new cancer diagnosis. On average, the fund assists 40-45 cancer patients per year. With the growing number of cancer patients receiving treatment in Richland County, there is an increasing need to keep this fund available. The Cancer Coalition fund depends on gifts from donors in our community to keep making a difference in lives like the Schultzes'.

To support someone fighting cancer in our area, please make a donation to the Cancer Coalition Fund at the Foundation for Community care. You can visit our website at www. foundationforcommunitycare.org, mail or stop by the office at 221 2nd Street NW, Sidney, MT 59270.

SIDNEY HEALTH CENTER CANCER CARE

Sidney Health Center Cancer Care services are centralized in one-convenient location. Cancer Care services include chemotherapy and IV therapy and radiation therapy using TomoTherapy technology.

Visit the Sidney Health Center Cancer Care website for more information about services, www.sidneyhealth.org/Service/Cancer-Care or call 406-488-2504.

MEET THE DOCTORS



Dr. Chad Pedersen recently joined the medical staff at Sidney Health Center. As a board-certified medical oncologist, Dr. Pedersen is a cancer specialist, providing care from the time of diagnosis through treatment and

survivorship for all types of cancer. In addition, Dr. Pedersen is a trained internist, with experience in managing complicated medical patients, especially those receiving cancer care.

Dr. Pedersen has a particular interest in prevention and early detection of cancer, areas in which he performed original research during medical school and fellowship. In fact, he is currently working to bring more options for cancer screenings to the MonDak region.



Dr. Ralf Kiehl, who has provided temporary coverage at Sidney Health Center since 2011, recently joined the Cancer Care team full-time. As a Radiation Oncologist, Dr. Kiehl specializes in the treat-

ment of cancer patients, using radiation therapy as the main method of treatment.

His practice utilizes the technology of TomoTherapy, Instensity Modulated Radiation Therapy (IMRT), Stereotactic Body Radiation Therapy (SBRT), Stereotactic Radiosurgery (SRS), and CT scanning equipment to adapt the treatment plan of cancerous tumors.





- (1) A special #GivingTuesday thank you from donor Laura Schieber!
- (2) Foundation Board Chair Jeff Aisenbrey and Senior Executive Gina Heckey present a gift to John Dynneson as he finishes 9 years as an active Board member.
- (3) Hard Hats are waiting for guests of the Richland County Fire House Hard Hat Tour.
- (4) Tonya Schoepp & Brenda Filler attend the Sidney Health Center Employee Pledge BBQ Celebration.
- (5) Katie Zadow & Josh Herman attend the annual Wine & Food Festival.
- (6) Senior Executive Gina Heckey & Foundation Board member Margaret Bradley present a grant award to Sisters Rita Rauschendorfer & Regina Murray from Vision of Hope Autism Ministries of Emmaus House.
- (7) Ella & Ave Norby and Madison Kapp sell lemonade at the Foundation Friday Lemonade Stand.













What is a Memory?

It's so close you can almost be there. Maybe that's because you were there. The people who we knew, the places we have been, and the things we have done...they're there in memory. Memories, which we can run from or live in if we desire, allow us to remember what it is to live.

What is a Memory Worth?

There is no way to put a price on the memories that shape and define us. What we can do is give people better health and more time to make memories of their own.

By supporting the Foundation for Community Care, you have the opportunity to honor a special person or pay tribute to someone by making a memorial donation where you can help make a difference in the lives of our friends, neighbors and loved ones - here in Richland County and Eastern Montana.

A gift in honor or a memorial donation is a unique way to acknowledge that extraordinary individual in your life. Your donation helps the Foundation provide a wide range of programs, such as training new mothers on car seat safety, supplying life-saving equipment for seriously ill patients, improving cancer care for families, providing hope for autistic children in rural areas, and so much more.

With your donation, the Foundation for Community Care will send a personalized card and a ready to plant Forget-Me-Not seed packet to the person or the family of the person in whose name the donation was made. As always, donors can trust that their gifts are safe, secure, tax-deducible, and will remain local to do the most good.

Please consider using the enclosed envelope to make your gift to the Memorial Day campaign. All gifts will go directly to the Foundation for Community Care Endowment Fund, to benefit healthcare grants made annually to Sidney Health Center and other Richland County based healthcare needs. A full list of grant awards can be found on the Foundation for Community Care website, www.foundationforcommunitycare.org.

"Sometimes you will never know the value of a moment until it becomes a memory" -Dr. Suess





221 2nd Street NW • Sidney, MT 59270 (406)488-2273

www.foundationforcommunitycare.org





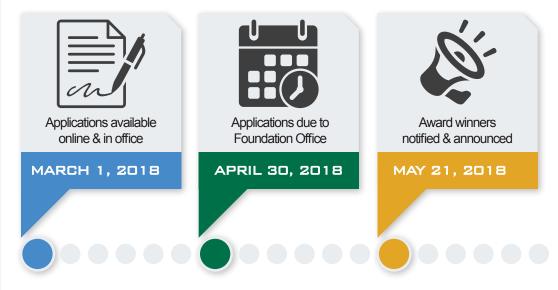
Gina Heckey, CFRE Senior Executive

EXECUTIVE NOTES

The Foundation for Community Care staff and board works tirelessly year round with you, our donors and investors, to accomplish one thing, essential support for healthcare in Richland County. Each year, in May, that work results in grant funding to a variety of organizations in our area. Due to growth in the Foundation Endowment Fund, nearly \$300,000 will be available in healthcare grants in 2018.

Our annual healthcare grants support health, wellness, and prevention efforts, to ensure that all Richland County residents live longer, healthier lives. We strive to bridge the worlds of rural access critical care health and healthcare through a broad range of investments. This includes support for our community-based Sidney Health Center, as well as other organizations that address disparities among our region's most vulnerable populations; children, older adults and disabled individuals. Our hope is that every Richland County resident can actively participate in a robust community life and maintain independent living for as long as possible.

HEALTHCARE GRANT AWARD TIMELINE



The window for healthcare grants opens on March 1st, and applications and instructions are available for download on our website, or available in office. If you are part of a Richland County based organization, and have questions about how to apply, please reach out. The Foundation for Community Care exists to support groups addressing the issues of health and well-being, and we look forward to making a difference for many years to come.