



STAY SAFE & INFORMED

Let's Keep Scammers Away!

KNOW THE SCAMS. SPOT THE SIGNS. PROTECT YOURSELF.



Scammers are always finding new ways to trick people—especially seniors.
The best defense is knowing what to look for and what to do.

COMMON SCAMS TO WATCH FOR



IMPOSTER SCAMS

Someone pretends to be from the government, a utility company, or even a family member in trouble to get your money or personal information.



PHONE SCAMS

You get a call claiming you've won a prize, owe money, or need to "verify" information. They pressure you to act fast.



ONLINE SCAMS

Fake emails, websites, or social media messages ask for personal info, offer too-good-to-be-true deals, or ask you to click a link.



MAIL SCAMS

You receive letters or packages asking for payment, donations, or offering "free" services—but there's a catch.



GRANDPARENT SCAMS

A caller pretends to be your grandchild in trouble and asks for money to help.



PROTECT YOURSELF

- ✓ Be suspicious of anyone asking for money or personal information.
- ✓ Never share your Social Security number, bank info, or passwords.
- ✓ Take your time. Don't let anyone rush you.
- ✓ Verify before you trust. Call the company or person back using a number you know is correct.
- ✓ Talk to someone you trust. A second opinion can help you avoid a mistake.

RED FLAGS TO WATCH FOR

- ⚠ They ask for payment in gift cards, wire transfers, or cryptocurrency.
- ⚠ They contact you out of the blue.
- ⚠ They pressure you to act immediately.
- ⚠ Something just doesn't feel right.



DON'T

- ✗ Don't click on links in suspicious emails or texts.
- ✗ Don't give out personal information over the phone or online.
- ✗ Don't send money to someone you don't know.
- ✗ Don't assume because someone knows your name, they're legit.



WHAT TO DO

- ✓ Hang up on suspicious calls.
- ✓ Delete suspicious emails or texts.
- ✓ Report scams to the Federal Trade Commission at [ReportFraud.ftc.gov](https://www.reportfraud.ftc.gov) or call 1-877-FTC-HELP (382-4357).
- ✓ Report to local law enforcement if you've been a victim.

Remember:

Scammers want your money—we want you to stay safe! ❤️



NEED HELP OR HAVE QUESTIONS?

Talk to any Lodge staff member—we're here for you!

Thank you for being part of what makes our community such a wonderful place to live and thrive.

We look forward to next month!



KNOW YOUR RIGHTS

Resident's Rights



Right to Self-Determination



♥ Choice of activities, schedules, healthcare, and providers, including the attending physician.



♥ Reasonable accommodation of individual needs and preferences.



♥ Participate in developing and implementing a person-centered plan of care that incorporates personal and cultural preferences.



♥ Choose whether to designate a representative to exercise his or her rights.



♥ Organize and participate in resident and family groups.



♥ Request, refuse, and/or discontinue treatment.

Every resident has the right to make choices about their care, daily life, and personal preferences.



Happy Birthday!

♥ Betty Rauschendorfer 9/18
♥ Deanna Sullivan 9/23
♥ Ruth Iversen 9/26

Life is Better with Laughter!

WHAT'S YOUR FAVORITE PART OF THE DAY?

COFFEE IN THE MORNING AND NAPS IN THE AFTERNOON!

SOUNDS LIKE YOU HAVE IT ALL FIGURED OUT!

AT OUR AGE, THAT'S A DAILY ACHIEVEMENT!



Together We Build a Respectful, Caring Community!



In the *Spotlight*



Deanna Sullivan

FAITH ★ FAMILY ★ KINDNESS

This month, we are featuring Deanna, whose life has been centered on **faith, family, and kindness.**



Born in Sidney, MT.



She worked at Ben Franklin Store and helped at her mom's store Such & Stuff.



Some of her favorite memories are growing up, having mom and dad around.



Throughout her life she has enjoyed different hobbies and activities, including cross stitch and coloring.



Her favorite food is chicken and her favorite kind of music is Country Music.



The best advice she would give younger generations is, "Keep your head above water, don't get hung with drugs and alcohol."



What she enjoys most about living at The Lodge is Bingo time!



Thank you, Deanna,
for sharing your story and for being such
an important part of **The Lodge** family!



In the Spotlight



Zacharya Vigoren

COMPASSION ★ DEDICATION ★ TEAMWORK

This month, we are celebrating Zacharya, our new Kitchen Aide at **The Lodge**! His heart for helping others, willingness to learn, and positive attitude make him a wonderful addition to our team and to the residents we serve.

★ A Little About Zacharya ★



HOMETOWN

Zacharya was born and raised in Miles City, Montana.



DREAMING BIG

As a child, he dreamed of becoming an Astronomer.



WHY THE LODGE?

Zacharya wanted to work at The Lodge because he truly loves to help the elderly.



EXCITED FOR THE JOURNEY

He is most excited about helping residents and learning new things every day.



FAVORITE FOOD

Chicken Alfredo is his all-time favorite!



FREE TIME FUN

He enjoys video games, going for walks, and spending time with family.



BEST ADVICE

"Always give people a time to talk and never say anything that you will regret in the future."



FUN FACT

Zacharya loves animals and space!



LOOKING AHEAD

Zacharya is looking forward to building long lasting experiences, creating meaningful connections, and making a difference in the community as part of **The Lodge** team.

Thank you, Zacharya,
for your kindness, hard work, and for being
such an important part of **The Lodge** family!

Happy LABOR DAY

THANK YOU FOR ALL YOU DO!



LABOR DAY

WORD SEARCH • SEPTEMBER 7, 2026

LABOR DAY

F	C	J	X	Z	D	R	S	S	U	W	T	U	M	R	A	V
Y	F	T	X	L	R	Y	A	K	X	Y	H	D	E	A	L	B
M	E	I	G	W	B	X	E	D	R	N	M	D	B	P	B	J
D	B	R	L	Z	S	J	K	T	H	O	L	I	D	A	Y	A
N	Z	D	V	A	U	W	S	N	T	I	W	C	O	R	D	T
H	U	C	G	J	G	U	C	S	U	R	E	M	R	A	F	L
P	N	R	Y	A	D	R	O	B	A	L	E	K	A	D	B	L
M	A	O	S	N	N	A	M	S	T	F	A	R	C	E	N	I
V	R	A	I	E	Z	A	M	E	R	I	C	A	H	I	T	L
Q	B	D	E	N	R	N	U	L	E	O	E	I	I	I	W	W
W	F	K	J	I	U	V	N	P	H	G	M	U	E	H	O	D
A	N	P	S	K	N	C	I	N	C	I	P	Z	V	C	R	Y
T	K	L	Y	Y	R	O	T	C	A	F	N	B	E	I	K	B
L	L	N	V	L	K	O	Y	S	E	P	T	E	M	B	E	R
W	N	D	T	I	C	D	D	E	T	R	A	D	E	S	R	W
I	E	B	P	Z	S	H	W	V	Z	J	L	I	N	H	S	D
Y	O	K	R	W	D	R	L	W	G	Z	W	A	T	B	B	L

LABOR DAY	WORKERS	PARADE	PICNIC
UNION	CRAFTSMAN	SERVICE	TEAMWORK
INDUSTRY	FACTORY	FARMER	TEACHER
NURSE	BUILDER	TRADES	HOLIDAY
SEPTEMBER	COMMUNITY	AMERICA	ACHIEVEMENT

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
★ Self Directed ☆ Puzzle Tables ★ Reading	★ Activities ★ Walking Path ★ Movies/Learning	1 2:00PM Methodist Church Pastor Sione 3:00PM Coffee time	2 2:00pm Bingo 3:00 Coffee time	3 2:00PM Church Service 3:00 Coffee time	4 2:00 YouTube Music/ Videos W/ Jacky—Fireside 3:00 Coffee time	5 2:00pm Bingo 3:00 Coffee time/ Specialty Drinks
6 2:00 Fingernails—Fireside 3:00 PM Coffee time	7 ★ ★ ★ HAPPY LABOR DAY 3:00 Coffee time	8 9:00 Catholic Mass 12:45pm Staff Meeting 3:00 Coffee time	9 2:00pm Bingo 3:00 Coffee time	10 2:00PM Church Service 3:00 Coffee time	11 3:00 Coffee time	12 2:00pm Bingo 3:00 Coffee time/ Specialty Drinks
13 3:00 Coffee time ★ HAPPY GRANDPARENTS DAY	14 2:00PM Bingo W/Volunteer 3:00 Coffee time	15 2:00 Wisdom & Coffee hour W/ Sister Rita 3:00PM Coffee time	 16 2:00pm Bingo 3:00 Coffee time	17 2:00PM Church Service 3:00 Coffee time	18 Betty Rauschendorfer 3:00 Coffee time	 19 2:00pm Bingo 3:00 Coffee time/ Specialty Drinks
20 3:00 PM Coffee time	21 2:00PM Bingo W/Volunteer 3:00 Coffee time	22 2:00PM Methodist Church Pastor Sione 3:00PM Coffee time	23 Deanna Sullivan 2:00pm Bingo 3:00 Coffee time	24 2:00PM Church Service 3:00 Coffee time	25 3:00 Coffee time	26 Ruth Iversen 2:00pm Bingo 3:00 Coffee time/ Specialty Drinks
27 3:00 PM Coffee time	28 2:00PM Bingo W/Volunteer 3:00 Coffee time	29 3:00 Coffee time	30 2:00pm Bingo 3:00 Coffee time	  		



1015 7th Ave SW - Sidney, MT 59270