



Exceptional Care for Life

CAT SCAN OF THE ABDOMEN

A CT scan is also known as a “cat scan”. This is a special x-ray machine that can take x-rays in cross sections of your body. CT scans can help your doctor diagnose problems of swelling, tumors, and organ abnormalities in your body.

Please wear clothing without metal snaps or buttons. Sweatpants and a sweatshirt would be ideal if you have them.

The CT scanner has a narrow table that you lie on. The CT scanner is a large white doughnut shaped machine that makes a gentle whirling and clicking noise as it takes images. The image goes to a computer that develops your x-rays. Your CT scan will be read by the Radiologist. A report will be typed and a copy sent to your doctor.

1/3 bottle = 1 ¼ cups

Instructions

1. Drink 1/3 bottle of ct barium at 6:00pm the evening before the exam. you may have your regular evening meal.
2. Do not eat or drink after midnight. You may drink small amounts of water only, up to 2 hours before the exam.
3. Drink 1/3 bottle of ct barium when you get up the morning of the exam.
4. Bring the remainder of the bottle with you to Radiology. You will finish drinking it during your exam.
5. Please report any allergies to seafood, iodine, or contrast material to the technologist.
6. You may receive an IV contrast during the exam; if so, you need a blood test drawn prior to your exam. You may have this drawn anytime within 2 weeks before your exam. You will be asked to read and sign a consent form which will discuss the contrast material and answer any questions.

If you take medications by the name of Glucophage or Metformin, you need to stop taking this medication at the time of the exam and for 48 hours after your exam and have your blood checked before restarting your Glucophage or Metformin.

The exam will last approximately 30 minutes.

Exam date: _____

Exam time: _____