



UPPER G. I.

An Upper G.I. is an x-ray that helps your doctor diagnose problems of the stomach and upper bowel. You will be given barium to drink (this chalky tasting liquid coats the lining of the stomach and bowel allowing them to be seen on x-rays) and the radiologist will watch your stomach and small intestine with the x-ray fluoroscope as the barium goes through your system. Your test will be done by the Radiologist. He will notify your doctor of the results.

Instructions

1. You may have a light supper the evening before the exam.
2. Do not eat or drink after midnight the evening before the exam.
Small amounts of water are OK.
3. You may take necessary medications the night before the exam or wait until after the exam is completed. No medications should be taken on the morning of the exam.
4. Do no smoke, chew tobacco or gum on the day of the exam.

Exam date: _____

Exam time: _____