

Day Surgery Checklist:

PATIENT'S NAME: _____

PHYSICIAN: _____

DAY OF SURGERY: _____

CHECK-IN TIME: _____

It is extremely important that you follow these instructions to help make your operation a success and your experience as comfortable and as smooth as possible:

- Please pre-register in person as soon as possible at least one (1) day before surgery.
- Refrain from drinking or eating anything, after midnight the night before your surgery. This includes water, coffee, hard candy and chewing gum.
- No smoking or chewing tobacco after midnight.
- Please arrange for someone to drive you to and from the hospital.
- A minor (anyone under 18 years of age) must be accompanied by a parent or legal guardian.
- Wear comfortable, loose-fitting clothing.
- Please refrain from wearing makeup or nail polish the day of surgery.
- Please do not bring contact lenses, jewelry, or other valuables to the hospital.
- Remove body piercings on the day of surgery.
- Bring with you all medications you take at home.
- Do not bring children with you unless the child is the patient. Please limit your visitors to immediate family. Your stay will be short.
- Call your physician immediately if you develop a cold, temperature, sore throat, or other abnormal physical symptoms before your surgery.

Day Surgery

at Sidney Health Center

A program designed for persons who require minor surgery, but do not need an overnight stay at the hospital.



Exceptional Care for Life

216 14th Ave. SW • Sidney, MT 59270
1-406-488-2145 • 1-800-331-7575



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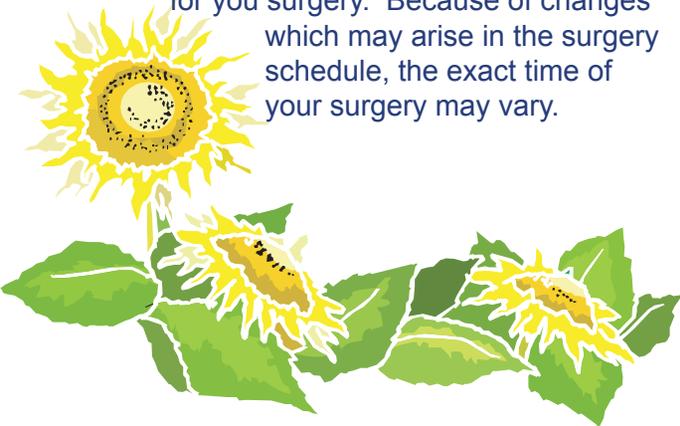
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General Information:

Anesthesia may be a major part of your surgery, it allows you to be pain free during the procedure. At Sidney Health Center your anesthetic will be provided by a Certified Registered Nurse Anesthetist, a professional who specializes in anesthesia care. Your anesthesia provider will interview you before your surgery and discuss the options available for your anesthetic. Different people require different types of anesthesia. It is important that you do not eat or drink anything for eight (8) hours before your scheduled surgery. If you eat or drink, your surgery may be cancelled. You may call the Anesthesia Department at Sidney Health Center with any questions you have concerning your anesthetic at 406-488-2295.

You WILL NOT be permitted to drive home after surgery. Make transportation arrangements ahead of time for your discharge.

The One Day Surgery (O.D.S.) nurse will call and give you a time to be at the hospital the day before surgery or on Friday if your surgery is scheduled on Monday. If you do not receive a call by 3p.m. call: 1-406-488-2145 or 1-800-331-7575. You will usually be scheduled one to two (1-2) hours prior to your procedure to complete any forms and prepare for you surgery. Because of changes which may arise in the surgery schedule, the exact time of your surgery may vary.



Pre-Admission:

Laboratory work and other tests ordered by your physician may be performed any time up to two (2) weeks in advance of your surgery.

Report to the Outpatient Coordinator anytime during the two weeks prior to your scheduled surgery between 9:00 a.m. and 5:00 p.m. At this time you will complete necessary paperwork. Bring your insurance identification card and insurance forms.

A visit with the nurse is encouraged. The O.D.S. nurse will inform you of what to expect while you're in the hospital.

Notify your doctor if you take aspirin, NSAIDs, or herbal preparations. These may need to be stopped 7-10 days prior to your procedure.

After Surgery:

Immediately following surgery, you will have a short stay in the recovery area before returning to the Day Surgery unit.

A child may only be discharged into the care of a parent or legal guardian. Please be available to take your child home following surgery.

FOR YOUR SAFETY

It is important that you DO NOT consume alcohol, drive, or perform tasks that require judgment or skill during the first 24 hours following anesthesia.

Charges:

All Sidney Health Center financial policies apply to the Day Surgery program. Your Day Surgery charge will include room use, nursing staff, major equipment, supplies, anesthesia, x-ray services, laboratory and pathology work. It will not include fees charged by your surgeon or radiologist. They will bill you separately for their services.



The primary cost-saving of having One Day Surgery will be the elimination of the overnight charge for a patient room. Under special circumstances, your physician may determine that it is in your best interest to remain in the hospital for longer observation or overnight. In that event, there will be additional charges for those services.

We wish to assist you in every way possible. If you have questions or concerns, please telephone the One Day Surgery Department at 488-2145 between 8:00a.m. and 5:00p.m. Monday through Friday.



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