SIDNEY HEALTH CENTER
Exceptional Care for Life

Week 1

		Monday 16-Nov	Tuesday 17-Nov	Wednesday 18-Nov	Thursday 19-Nov	Friday 20-Nov	Saturday 21-Nov	Sunday 22-Nov
Breakfast Special		Breakfast Pizza	Ham, Egg & Cheese Croissant	Breakfast Burritos	Biscuit and Gravy	Cinnamon Rolls	Chef's Choice	Chef's Choice
LUNCH	**Entrées**	General Tso's Chicken	Smothered Chicken	Pork Roast	Beef Lasagna	Salmon Croquettes	Chef's Choice	Chef's Choice
		Beef & Broccoli	Fried Pollock	BBQ Chicken Thighs	Chicken W/ Wine Sauce	Chris's Chicken Casserole	Chef's Choice	Chef's Choice
	Sides	Steamed Rice	Peas W/ Pearl Onions	Mashed Potatoes W/ Gravy	Green Beans	Mashed Potatoes W/ Gravy	Chef's Choice	Chef's Choice
		Asian Blend Vegetables	Rice Pilaf	Zucchini & Tomatoes	Garlic Bread	Steamed Broccoli	Chef's Choice	Chef's Choice
		Egg Roll						
Grill		Loaded Baked Potato (Wednesday Only) Chicken Strips Monday - Friday						
Deli		**Monday - Philly Beef Sandwich Tuesday - Cuban Sandwich Thursday - Corn Dogs**						
Soup		Chicken and Wild Rice	Beef Barley	Red Pepper Gouda	Minestrone	Chicken Noodle		

Menu items are subject to change without notice due to product availability week 1