

CANCER CARE NEWS

SHC Cancer Care Newsletter

April, 2017

Welcome Springtime!

Everyone will agree that we are all ready for springtime—longer days, sunshine, going for walks,—a breath of fresh air! SHC Cancer Care would like to wish you all a great spring season. This month, Medical Oncology services will be featured, along with fundraisers and educational topics.

Kathy Jensen, Director

April: Testicular Cancer Awareness Month

According to the Testicular Cancer Society, the best prevention for testicular cancer is doing self-exams. If you notice anything unusual, contact your physician immediately.

Common signs & symptoms are:

- Painless lump or swelling of the testicle
- A dull ache in the groin or lower abdomen
- A build-up of fluid in the scrotum
- A scrotum that feels heavy or swollen
- Bigger or tender breasts
- Pain or discomfort in the testicle or scrotum

Testicular cancer strikes approximately six in 100,000 men per year. When diagnosed early, the five year survival rate is 99%. Reference: www.testicularcancersociety.org



Thank you 19U Girls Hockey

Team for the fundraiser that benefits our cancer patients. They raised over \$10,000 and made 25 care baskets! The team dropped by all the above baskets and got a tour of the SHC Cancer Care, including an intro to radiation therapy planning software!



We are Sidney Health Center Cancer Care

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Judy

Deb

Tracy

Meet Judy Carda, Deb Winter and Tracy Denowh, Oncology RNs

These three Registered Nurses are the heart of Medical Oncology and Infusion Therapy at SHC Cancer Care. They treat patients with a cancer diagnoses as well as patients with Rheumatoid Arthritis, Bone Density, Multiple Sclerosis, Immunodeficiency, Crohn's, Colitis, Allergies, Asthma and Blood Disorders. The registered nurses received their certification and recertification through the Oncology Nurse Society.

Judy, RN Supervisor has been with SHC for 34 years, working in various areas of the hospital and clinic. Judy was influential in starting the Outpatient Oncology Infusion Center at Sidney Health Center in 1990.

Deb, RN started at SHC in 1992 as a CNA and became an RN in 1993. She worked on Med/Surg and ICU through the years. She joined the Cancer Care team in 2014. Deb received her Chemotherapy/Biotherapy Certification in 2015.

Tracy, RN was hired in 2015 and became certified the same year. Tracy started at SHC in 1984 as an admission clerk, was the first Hospice Volunteer in 1993, became an LPN in 1997, and furthered her education as an RN in 2005.

Oncology nurses work one-on-one with the patients receiving therapy. The nurses educate each patient with what to expect during treatment, symptoms, and care management.



Oncology Nursing

An Oncology Nurse provides care for cancer patients. They work with medical oncologists, assess physical conditions, monitor labs, educate patients, and administer fluids, chemotherapy and other treatments, and help manage symptoms. Oncology is one of the most challenging and rewarding fields in nursing and no two days on the job are ever the same. Oncology Nurses understand the challenges of cancer and have knowledge of many types of cancers and treatments. Putting their own thoughts aside, they have a true understanding of the cancer journey and care for their patients with compassion.



Billings Clinic Medical Oncologist Jesus Fabregas, MD and Kathryn Waitman, DNP, FNP-C provide weekly outreach clinics at SHC Cancer Care. Area residents can have their consultations right here rather than travelling to other locations. Many patients also benefit from the Eastern Montana Telemedicine Network, here at SHC Cancer Care, meeting with providers via telemedicine on a daily basis.



Medical Oncology

Chemotherapy

We Care



Chemotherapy Infusion Delivery

chemotherapy. (kē'mō-thēr'ə-pē) The treatment of disease, especially cancer, using drugs that are destructive to malignant cells and tissues. The treatment of disease using chemical agents or drugs that are selectively toxic to the causative agent of the disease, such as a microorganism. The treatments are used to stop the growth of cancer cells, either by killing the cells or by stopping them from dividing. Chemotherapy may be given by mouth, injection, or infusion, or on the skin, depending on the type and stage of the cancer being treated. It may be given alone or with other treatments, such as surgery, radiation therapy, or biologic therapy. www.dictionary.com/browse/chemotherapy

CHRISTOBEL STEINBEISSER, RN CANCER PATIENT CARE NURSE NAVIGATOR



An oncology nurse navigator serves as a cancer patient's primary point of contact and is responsible for coordinating the care and services for an extended period of time across the continuum of care. She ensures the patient and/or family members are educated about their treatment plan and management of care, working closely with the medical oncology providers and oncology RN's. Christobel's role facilitates access to treatment, alleviate care barriers, provide support, resources and education to patients and families throughout the disease and treatment trajectory.

Christobel, RN joined the Cancer Care Team as a Patient Care Nurse Navigator in June 2016. She became an LPN in 1997 and furthered her education as an RN in 2005, working in the Sidney Health Center OB and ER departments. Christobel is studying for her oncology certification through the Oncology Nursing Society.



Another integral piece of the SHC Cancer Care Team is Pharmacy. When Medical Oncology moved to the new cancer care suite in 2012, pharmacy dedicated a pharmacist to the SHC Cancer Care. The pharmacist is responsible for mixing all the infusions for patients. They double check protocols, doses, infusion rates, and compatibilities for the chemotherapy each patient receives. When patients have

medication questions or concerns about side effects or any other medication they receive, our pharmacist is easily accessible to assist the patient and nursing staff.

Currently, there are three pharmacists that rotate at the SHC Cancer Care. Erin Ellingson, RPH is the primary pharmacist in addition to Lynn Beyerle, PharmD, and Eric Jones, PharmD. The Pharmacy Director is Roland Achenjang.



May 5—Bra Auction-
Richland Co. Event Center
@ 6:00 pm
Make a Bra for the Cause Call RCHD
Heather Nevins @
433-2207.



August 10—Light the Park, Veterans
Park, Sidney

Sign up your Fundraising Team!
Benefits to SHC Cancer Care
Call 406-488-2504 today!



NEED: Looking for a sponsor for the Light the Park mu-
sic. This year: Jessie Veeder. Check out her music at
jessieveedermusic.com. Light the Park—Questions?
Call Kathy Jensen @ 406-488-2504

Contact Us

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Visit us on the web at
www.sidneyhealth.org

Sidney Health Center Cancer Care — WE Care About You!



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