

CANCER CARE NEWS

SHC Cancer Care Newsletter

October 2017

Exciting News!

By Kathy Jensen,
Director



Check out what is inside!

- Dr. Chad Pedersen will be joining Sidney Health Center in November. Read all about Dr. Pedersen inside! We are very fortunate to have a medical oncologist join the Cancer Care team and serve regional area patients. Following Dr. Pedersen's arrival, Billings Clinic will no longer be providing weekly outreach clinics. Patients can transition their care to Dr. Pedersen, allowing for care right here at Sidney Health Center or continue with Billings Clinic.
- SHC is now scheduling PET/CT Scans. Scans are offered the fourth Wednesday of each month.
- "Bring the PINK" volleyball nights were a success! Thank you all who were involved and support such an important cause!
- What supporting locally looks like to our guest writer!

Sidney Health Center is excited to announce the addition of PET/CT imaging through a mobile service on a monthly basis. This diagnostic tool can assist physicians and patients in the management of diseases.

Positron Emission Tomography and Computer Tomography (PET/CT) can make detecting, staging, locating, and monitoring diseases more accessible here at Sidney Health Center.



Sidney Health Center Cancer Care Opened in 2011

15 ways to support a friend

- * Offer to chauffeur
- * Take the kids
- * Organize a visitor schedule
- * Prepare meals
- * Create a calendar
- * Listen, and let them vent
- * Get them out of the house
- * Be a note taker
- * Give them a fun gift
- * Share their shopping list
- * Help with chores
- * Keep them busy
- * Join their cause
- * Stay in touch
- * Ask what they may need
- * Hugs

In This Issue

- Dr. Chad Pedersen
- New to SHC—PET/CT SCANS
- Cancer Awareness
- "Bring the PINK"



Please welcome Dr. Chad Peterson to the Sidney Health Center Cancer Care team!

Dr. Chad Pedersen is excited to join the medical staff at Sidney Health Center. As a board-certified medical oncologist, Dr. Pedersen is a cancer specialist, providing care from the time of diagnosis through treatment and survivorship for all types of cancer. Medical oncologists work as part of a team in treating cancer, knowing when to offer chemotherapy and ensuring safe and effective use of chemotherapy in combination with other treatments, such as surgery or radiation. In addition, Dr. Pedersen is a trained internist, with experience in managing complicated medical patients, especially those receiving cancer care.

His professional interests include the treatment of lung, breast, and colon cancers. One of the focuses of his training was the evaluation and treatment of advanced (metastatic) cancers. Dr. Pedersen also has a particular interest in prevention and early detection of cancer, areas in which he performed original research during medical school and fellowship.

Having recently completed specialty training, Dr. Pedersen is experienced with the latest advances in cancer treatment, including biologic and immunotherapy. While in training, Dr. Pedersen provided comprehensive care of cancer patients, from aggressive treatment such as acute leukemia and bone marrow transplantation, to alternatives such as palliative or hospice care.

Dr. Pedersen was born and raised in Sidney, Montana, and graduated from Sidney High School. His parents are Teresa Pedersen and the late Allan Pedersen. His parents grew up in this area, like his grandparents and great-grandparents who settled in this region.

Dr. Pedersen received undergraduate degrees from Harvard and Montana State University. He obtained his medical degree (M.D.) from the University of North Dakota. He completed his post-graduated medical training, residency and fellowship, at Gundersen Health System (La Crosse, Wisconsin). Gundersen Health System is nationally recognized for palliative and end-of-life care. While at Gundersen, Dr. Pedersen served as chief resident.

In his free time, he enjoys running, hiking, and the outdoors. In 2016, he hiked the Appalachian Trail, the 2000-mile long footpath from Georgia to Maine.



OCTOBER IS BREAST CANCER AWARENESS MONTH

Breast Cancer is a group of cancer cells (malignant tumor) that starts in the cells of the breast. According to the National Breast Cancer Foundation, one in eight women will be diagnosed with breast cancer in her lifetime.

5 WAYS TO REDUCE YOUR RISK

1. Get screened
2. Do not use tobacco
3. Maintain a healthy weight.
4. Exercise
5. Limit the amount of alcohol you drink



Support our area upcoming **PINK EVENTS** because:

100% of the funds raised from these upcoming local volleyball events and purchases go directly to support local SHC cancer patients

Submitted by Theresa Livers, Breast Cancer Survivor

Source: <http://thinkbeforeyoupink.org/resources/before-you-buy> (Reprinted with permission)

Any company can put a pink ribbon on its products. The widely recognized pink ribbon symbol is not regulated by any agency and does not necessarily mean it effectively combats the breast cancer epidemic. Some products sport pink ribbons to try to communicate that they are “healthy” and don’t contribute to breast cancer, such as a number of natural health and beauty products. Other products have a pink ribbon in order to indicate that the company supports breast cancer programs even if the company’s contributions are not tied to the purchases of the specific product bearing the ribbon. Still other companies give a portion of an item’s cost to a breast cancer organization but may require further action on the part of the consumer for the donation to be realized. Can you tell how much money from your purchases will go to support breast cancer programs? If not, consider giving directly to the charity of your choice instead.

EXAMPLE: In 2010, Danskø shoe company sold pink ribbon clogs. Consumers likely thought that a portion of their purchase of pink ribbon clogs went to a breast cancer program. However, purchase of the pink ribbon clogs was not connected to Danskø’s donation—none of the portion of the sales went toward their already set donation of \$25,000 to Susan G. Komen for the Cure. No matter whether or not you bought the clogs, their donation was the same.

EXAMPLE: In 2010, Reebok marketed a line of pink ribbon emblazoned footwear and apparel at prices ranging from \$50 to \$100. Though it heavily promoted the fact that some of their pink ribbon product sales would be donated to the Avon Breast Cancer Crusade, they set a limit of \$750,000, regardless of how many items were sold, and there was no mechanism in place to alert consumers once the maximum donation has been met.

EXAMPLE: In 2011, Susan G. Komen for the Cure commissioned a perfume called Promise Me that contains unlisted chemicals that are regulated as toxic and hazardous, have not been adequately evaluated for human safety, and have demonstrated negative health effects. Although Komen said they would reformulate future versions of the perfume, without official adoption of the precautionary principle, there is no guarantee that future versions would be better.

EXAMPLE: The KISSES for a Cure music box is advertised by its maker, The Bradford Exchange, online with the following: “A portion of the proceeds from this music box will be donated to help fight breast cancer.” It is not clear what breast cancer organizations would benefit, how much money they would receive, and what programs or work would be funded by the donation.

Funds raised from the local volleyball PINK fundraising events all go directly to the Cancer Coalition fund at the Foundation for Community Care where 100% of the funds are available to help individual Sidney Health Center cancer patients with non-medical expenses. Please “Think before you PINK” and keep your donations local.





Your breast health is our top priority. And, as part of our ongoing commitment to you, we are proud to offer the latest in breast cancer screening, 3D mammography - the most exciting advancement in breast cancer detection in more than 30 years. A 3D mammogram consists of multiple breast images taken in just seconds to produce a 3D image. Dr. Jaszczak looks through the tissue one millimeter at a time seeing detail inside the breast in a way never before possible. The Selenia Dimensions system offers exceptionally sharp breast images, an advanced ergonomic design providing more patient comfort, and the groundbreaking tomosynthesis platform designed to deliver superior screening and diagnostic performance. **The stage at which breast cancer is detected influences a woman's chance of survival.** "We are thrilled to be among the growing number of facilities across the nation designated as a Pink Ribbon Facility that offers Hologic breast tomosynthesis for area women," stated Linda Labatte, Radiology Director. "The 3D mammography adds another level of detecting cancer at its earliest stage and compliments our cancer care services nicely!"

Contact Us

**Sidney Health Center
Cancer Care**
214 14th Ave SW
Sidney, MT 59270

(406) 488-2504

Kathy Jensen, Director
kjensen@sidneyhealth.org

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www.sidneyhealth.org

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